

# BoSoma School of Dance @ MAC

BoSoma School of Dance @ MAC offers high quality dance education, to students of all ages, through a wide variety of dance classes. Whether a student's goal is fitness and recreation or a future career in dance, at BoSoma @ MAC, classes are offered that fit each student's objective. BoSoma strives to teach the strongest technique to each student, in a positive setting, allowing each dancer to find their passion for the art and sport of dance. Our qualified professional BoSoma instructors are dedicated to ensure proper training in a positive and personal learning environment!

To register, please contact the Program Registration desk at 978-526-8900 x257  
or email [programs@macathletics.com](mailto:programs@macathletics.com)



## Fall 2019 - Spring 2020

Classes start September 3, 2019 and run through June 24, 2020

**Tiny Tots 1 & 2** Ages 3–5: This beginner dance and creative movement class introduces young dancers to basic coordination exercises, stretching, and flexibility training. Faculty and their assistants introduce basic ballet principles, music appreciation, and discipline skills in a variety of fun and exciting ways. Memory skills and team work concepts are developed in an enjoyable setting teaching young movers the pleasures of dance.

**Dress Code:** Girls: pink leotard, pink tights, pink ballet slippers. Boys: white t-shirt, black sweatpants, black ballet slippers.

**Wednesdays:** 1:30–2:30 PM — Kelsey

**Ballet, Tap & Jazz** Ages 6–10: These classes are designed to introduce and develop formal dance training. The combination classes will consist of 30 minutes of ballet technique accompanied by 30 minutes each of Jazz and Tap technique. Combination classes ensure a well-rounded preparatory dance education. For the older and/or more advanced dancer, each idiom is offered for a longer class time to allow for additional progressions and phrase work.

**Dress Code:** Black leotard, tan or pink convertible tights, pink ballet slippers (full or split sole); bare feet for jazz; Bloch Mary Jane TAN Tap Shoe (ages 5-8) or Bloch TAN Tap Ons (ages 9-10)

**Thursdays:** (Level 1-2) 3:30–5:00 PM — Stephanie

**Wednesdays:** (Level 3) 3:30–5:00 PM — Kelsey

**Hip Hop** Ages 6–10: Students learn basic hip hop concepts and elements while getting all of the benefits of a healthy workout. These classes are taught to popular, kid-friendly, and age appropriate music.

**Dress Code:** Loose comfortable clothing, clean sneakers. No jeans.

**Wednesdays:** 5:00–6:00 PM — Kelsey



**Dress Code Policy:** BoSoma feels strongly about having students in appropriate dress in order to achieve a professional learning environment in the classroom. Attending dance classes in the proper attire shows respect to the art of dance, fellow students, and our faculty. In addition to each class's specific dress code, all students should have their hair pinned up neatly. No gum chewing is allowed at any time. No dangling jewelry should be worn.

## FALL 2019 - SPRING 2020 REGISTRATION

### TUITION RATES

#### \*10 Month Program, Paid Monthly Per Session

##### 1 hour/week

- \$66 per month (member)
- \$75 per month (non-member)

##### 1.5 hours/week

- \$99 per month (member)
- \$110 per month (non-member)

\*Child must be a member to receive the member rate.

\*\*Sibling discount: Total hours of all siblings class hours per week = tuition rate.

First tuition payment is required at registration. Please note that a credit card must be placed on file and will automatically be charged for the next tuition due on the 1st of each month through June. If you decide to withdraw from the program before June, you must notify Program Registration at least 30 days prior to the following month.

Tuition for our BoSoma School of Dance children's program @ the MAC is a 10-month commitment from September 3, 2019 through June 24, 2020. Tuition may be paid in full for the year or in monthly installments.

The BoSoma Annual Recital is held at the end of June at the Dolan Performing Arts Centre at Ipswich High School. Participation in the recital is optional. Costume deposits are due in November and final payments are due in February.

### CHILD/PARENT INFORMATION

Child's Name: \_\_\_\_\_ Gender: M / F Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ ☐ Member ☐ Non-Member

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

\*Primary E-mail: \_\_\_\_\_ Business/Cell Phone: \_\_\_\_\_

### ENROLLMENT INFORMATION

Session:	Class:	Day:	Time:	Hours/wk:	Session Tuition:
1	1st class:				
	2nd class:				
2	1st class:				
	2nd class:				
3	1st class:				
	2nd class:				

**Full payment is required at registration.**

Please note that a student enrolled in a program or class for one season will automatically be enrolled in the next session in the following season, unless he or she withdraws by notifying program registration at the email below.

Total tuition:

### PAYMENT INFORMATION

(credit card required for ALL Community members)

Name on Card: \_\_\_\_\_ Card #: \_\_\_\_\_ Exp.: \_\_\_\_/\_\_\_\_/\_\_\_\_

### DISCLAIMER OF LIABILITY

Manchester Athletic Club and BoSoma Dance are not liable for the personal injuries or loss of or damage to any personal property. Since dance is a physical activity, injuries may occur. Each student may decline to participate in any activity which may be harmful and is also responsible to inform the instructor, in writing, of any physical limitations which may prevent full participation in class or any associated event. I agree to release, hold harmless, and indemnify Manchester Athletic Club and BoSoma Dance including their owners, employees, agents, instructors and officers from any and all claims, actions, causes of action, damages, and attorney fees, arising from personal injuries that may be sustained by my child resulting from participation in the programs provided. My signature represents release of all liability as stated above. I agree to let the Manchester Athletic Club and BoSoma Dance take, use and publish photographs of participants enrolled in our programs for marketing purposes.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_